

#### THE DUKE OF EDINBURGH'S AWARD INFORMATION FOR PARENTS, CARERS AND GUARDIANS

# **Urmston Grammar School Silver Award Group**







#### **Service**

Activities that help the communities, individuals or groups. Your child could become involved in an environmental project, work with older people or young children or help out at your local place of worship.

#### Skills

Learn to drive or a new language, become an actor or develop their artistic talents. It's up to your child which skills they wish to pursue.

#### **Physical Recreation**

Become involved in some form of dance, sport or fitness activity. Is your son the next Rooney, Tiger Woods or Monty Panesar? Or perhaps your daughter could be the next Kelly Holmes, Michelle Wie or Ellen Macarthur?



#### Silver (6 – 12 months)

- Volunteering section: 6 months
- **Physical** and **Skills** sections: One section for 6 months and the other section for 3 months
- Expedition section: 3 days/2 nights

If you haven't done Bronze, you must undertake a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.



# What do the activities involve?

- <u>Voluntary work:</u> help the community, the environment.....work with the young or the old......
- Some ideas:
- Charity shops
- Old People's Home
- After schools clubs
- St John's Ambulance
- Parkrun
- Brownies/cubs
- Sports team coaching/refereeing
- Park Run











### The Expedition

• 3 days walking with 2 overnight camps



# The Expedition

#### Preparation:

- Practice Expedition campcraft and navigation skills training, including 1 overnight bunkhouse stay, followed by 1 <sup>1</sup>/<sub>2</sub> days walking including overnight camp; Hawes and Dent
- Training sessions in School

# Training sessions – Thursday lunchtimes

- Navigation and map-reading training
- Basic first aid
- Putting up a tent
- Cooking on a Trangia stove
- Countryside code
- Planning the route

# Equipment

- We provide: tent, stove, fuel, compass, maps, map case, first aid kit
- Footwear
- Waterproofs
- Sleeping bag and mat
- Spare clothes
- Expedition food
- Utensils (cutlery, plate, bowel, mug)
- Cleaning sponge, tea towel, bin bag, matches, ketchup!
- Rucksack?

# Equipment

- PTA funding every few years
- Recently gave D of E £1000 to cover tents and Trangia stoves
- PTA events:
- Music Quiz Friday 6th May
- Sun, Sport and Sangria Friday 8th July.

### Costs

- £145
- £30 deposit returned after kit return day
- Covers coaches, camp fees, bunkhouse, stove fuel, maps, contribution to equipment store, petrol
- Payment deadline: May 7<sup>th</sup>

# Food and Camping

- Students will be cooking on trangia stoves
- Fresh pasta and sauce, bacon and sausage, lentils, breadrolls, fruit, sweets, chocolate biscuits, sandwiches, tea bags, dried milk, water, ketchup
- No Pot Noodles!
- No tins
- A tidy camp please

# Safety

- Roads, railways, rivers
- Getting lifts
- Mobile phones and emergency numbers
- Checkpoints and staffing
- Walking as a team
- Getting lost
- Training

#### Arrangements for the Practice Expedition June 10<sup>th</sup> -12<sup>th</sup> 2022

•will take place in the Hawes and Dent area of South Cumbria.

- leaving school (Moorside Road) at 1.30pm on Thursday & travelling to Hawes (Wensleydale) by coach.
- Thursday evening; short training walk in Hawes area (including dinner at fish and chip shop)
  Evening briefing on the route, countryside code etc.

# Arrangements for the Practice Expedition Day 2

- Saturday; walk approx 14 miles to campsite at Dent with full pack.
- Cook breakfast on trangia stoves on Saturday morning in bunkhouse grounds and dinner at campsite in evening



#### Arrangements for the Practice Expedition Day 3

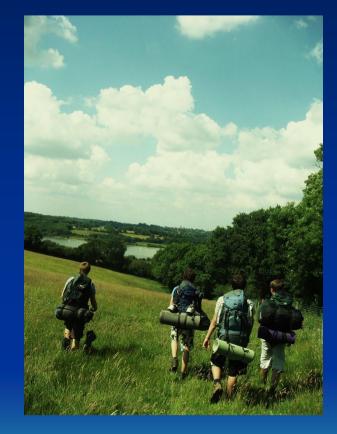
- Cook breakfast in camp. Bring food for packed lunch.
- Sunday; circular walk

Students will need to be picked up at around 1.30pm from High Laning campsite in Dent on the Saturday. The journey time to Dentdale/Sedburgh is around 1 hour 10 minutes.



# Assessed expedition – July 6<sup>th</sup> – 8<sup>th</sup>

- Windermere area of Lake
   District
- Travel by coach on Wednesday July 6<sup>th</sup>
- Return to school by coach Friday afternoon
- 1<sup>st</sup> night camp in Grizedale forest
- 2<sup>nd</sup> night Great Langdale campsite



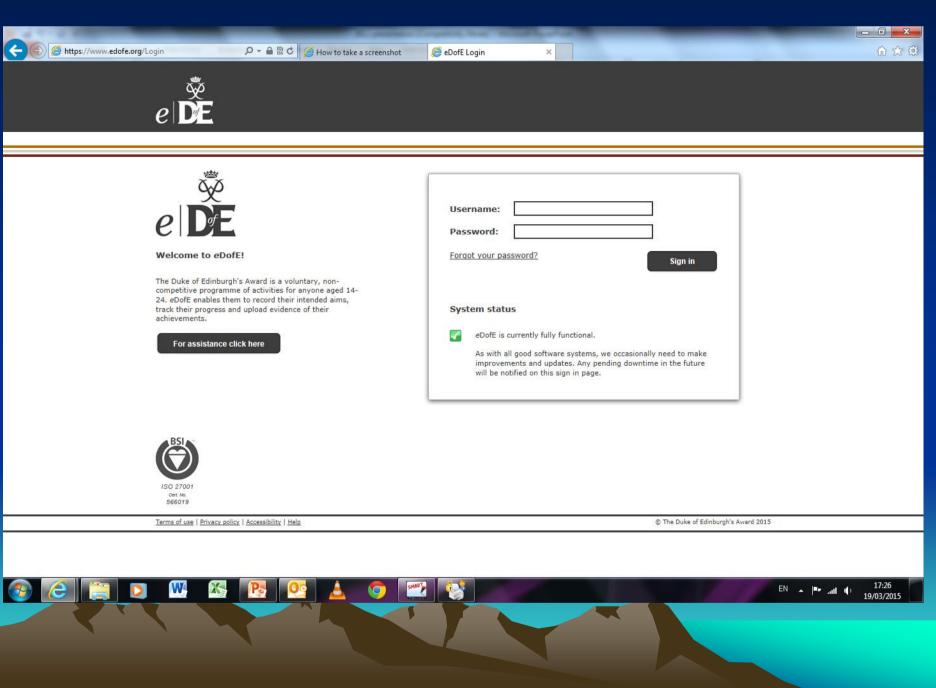
# Kit Return: Mon 11<sup>th</sup> July

- Return of rucksacks, trangias, tents, first aid kits, fuel bottles, maps, whistles and compasses
- All equipment must be brought to the conference room at 8.20am on Monday 11<sup>th</sup> July and checked off our list
- No equipment to be brought and left at office/ outside staffroom/ in form rooms/ handed to other staff
- Tents must be completely dry & complete
- Trangias must be clean & complete

### Presentations

Group presentations in September

#### Logging skills, service and sport



### **Assessor Reports**

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You are here: Home > Assessor Report

#### Assessor Report

As an Assessor you can add your report directly into the participant's online eDofE account from here.

All you need is the participant's eDofE ID number, their Award level (Bronze, Silver or Gold) and the section you are assessing them for (Volunteering, Physical, Skill, Expedition or Residential). Please ask the young person you have been supporting for these details.

Your comments automatically go to the participant's DofE Leader for approval before being added to the participant's account. We ask for your email address and phone number to enable their DofE Leader to contact you should they wish to discuss your assessment with you.

Please remember to keep your comments positive and encouraging. Thank you for supporting young people with their activities.

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All fields marked \* are mandatory.

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Participant's ID number: \*
Participant's name:
Level: \* Please select..



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#### Assessor Report

NOTE: If you have a problem with the CAPTCHA code, please use a different device/network/browser and this should solve the issue. If not, please contact info@DofE.org.

#### What to include in your report

- Please describe the achievements of the participant as they undertook this section. Say how they met their goals, what skills they have developed and mention any memorable things that they accomplished.
- Please include the start and end dates that the young person undertook their activity.
- Expedition Assessors: Please include your assessor accreditation number and (if applicable) the team's expedition notification number in your report.
- Please remember to keep your comments personal, positive and encouraging.



Speak to your Duke of Edinburgh's Award Group Leader or local Award Office.

Or visit

# www.theaward.org



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