



THE DUKE OF EDINBURGH'S AWARD

INFORMATION FOR PARENTS, CARERS AND GUARDIANS

Urmston Grammar School Bronze Award Group





HOW DOES THE AWARD WORK?

Service

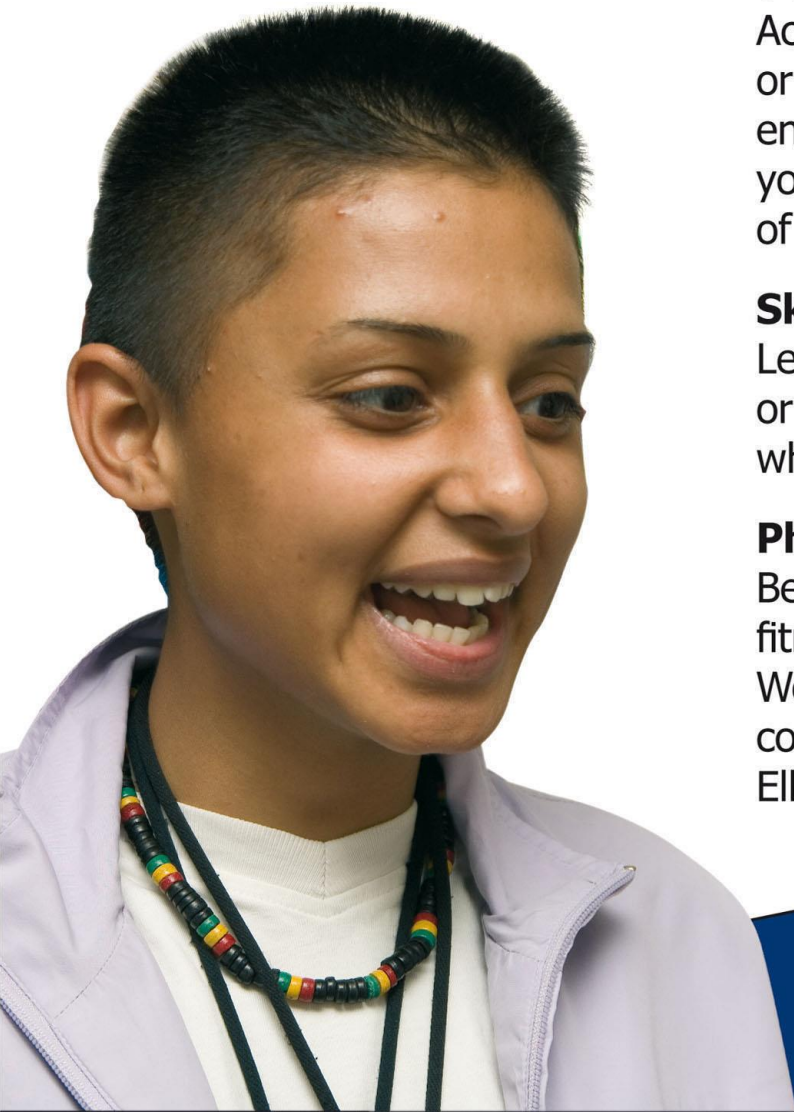
Activities that help the communities, individuals or groups. Your child could become involved in an environmental project, work with older people or young children or help out at your local place of worship.

Skills

Learn to drive or a new language, become an actor or develop their artistic talents. It's up to your child which skills they wish to pursue.

Physical Recreation

Become involved in some form of dance, sport or fitness activity. Is your son the next Rooney, Tiger Woods or Monty Panesar? Or perhaps your daughter could be the next Kelly Holmes, Michelle Wie or Ellen Macarthur?





HOW LONG WILL EACH AWARD TAKE?

Bronze (6 – 12 months)

- **Service** – 3 months.
- **Skills** – 3 months.
- **Physical Recreation** – 3 months.
- **Expeditions** – 2 days, 1 night.

Participants must undertake a further 3 months of either Service, Skills or Physical Recreation.





What do the activities involve?

- Voluntary work: - help the community, the environment.....work with the young or the old.....
- Some ideas:
- Charity shops
- Old People's Home
- After schools clubs
- St John's Ambulance
- Park run
- Brownies/cubs
- Sports team coaching/refereeing



The Expedition

- 2 days walking with an overnight camp



Training

- Navigation and map-reading
- Basic first aid
- Putting up a tent
- Cooking on a Trangia stove
- Countryside code and safety
- Planning the route
- Navigation training walk – May 21st – Tegg's Nose Area
- After school sessions
- One afternoon (p5) off timetable – May 19th



Equipment

- We provide: tent, stove, fuel, compass, maps, map case, first aid kit
- Footwear
- Waterproofs
- Sleeping bag and mat
- Spare clothes
- Expedition food
- Utensils (cutlery, plate, bowl, mug)
- Cleaning sponge, tea towel, bin bag, matches, ketchup!
- Rucksack?



Equipment

- PTA funding every few years
- Recently gave D of E £1000 to cover tents and Trangia stoves
- PTA events:
- Music Quiz – Friday 6th May
- Sun, Sport and Sangria – Friday 8th July.



Food and Camping

- Students will be cooking on Trangia stoves
- Fresh pasta and sauce, bacon and sausage, lentils, breadrolls, fruit, sweets, chocolate biscuits, sandwiches, tea bags, dried milk, water, ketchup
- No Pot Noodles!
- No tins
- A tidy camp please



A note on packing

- One quarter of body weight
- Waterproofs, torch, snacks and food on top
- Spare clothes sleeping bag at bottom
- Keep spare clothes and sleeping bag dry
- https://www.youtube.com/watch?v=s2Y4TKui2_A



Safety

- Roads, railways, rivers
- Getting lifts
- Mobile phones and emergency numbers
- Checkpoints and staffing
- Walking as a team
- Getting lost
- Stove safety
- Training



Training Walk – May 21st

- Peak District: around Tegg's Nose
- Walking approx 10km (4-5 hours)
- Parental drop off and pick up – see handout
- Varied start times



Training Walk – May 21st

- Need to wear walking boots and appropriate outdoor clothing (not jeans), including layers, a waterproof jacket and, if possible, waterproof trousers.
- They will need to carry a small rucksack and bring with them a packed lunch, water and snacks.



Assessed expedition – June 11th -12th

- Sedbergh/Dent area
- High Laning campsite, Dent

Day 1:

- Travel to Sedbergh by coach Saturday 8.30 or 9am departure
- Approx 18km walk with full pack on the Saturday. They will be planning their own route through the countryside to the campsite.
- Cook evening meal in camp on Trangia



Assessed expedition – June 11th – 12th

Day 2, Sunday

- Cook breakfast in camp
- pack up camp and walk a circular route finishing at the campsite.
- Bring food for packed lunch
- Students to be picked up at 1-2pm from High Laning campsite in Dent on the Sunday.
- The journey time to Dent is around 1 hour 30 minutes.



Costs

- £90
- £30 deposit returned after kit return day#
- Covers coaches, camp fees, stove fuel, maps, contribution to equipment store, petrol
- Payment deadline: May 7th



Kit Return: Wb 13th June

- Return of rucksacks, Trangias, tents, first aid kits, fuel bottles, maps, whistles and compasses
- **All equipment must be brought at 8.20am on Wednesday 15th June to the conference room and checked off our list**
- No equipment to be brought and left at office/ outside staffroom/ in form rooms/ handed to other staff
- Tents must be completely **dry & complete**
- Trangias must be **clean & complete**
- **Deposit return if all group equipment returned intact and in good working order**



Bronze Presentations

- All groups must complete a short presentation on a topic of their choice
- The expedition – obstacles and achievements
- Flora
- Farm animals



Logging achievements

- Students need to keep a record of their activities and get an assessor to complete a short report as soon as they complete each section:
- eDofE
- logbook



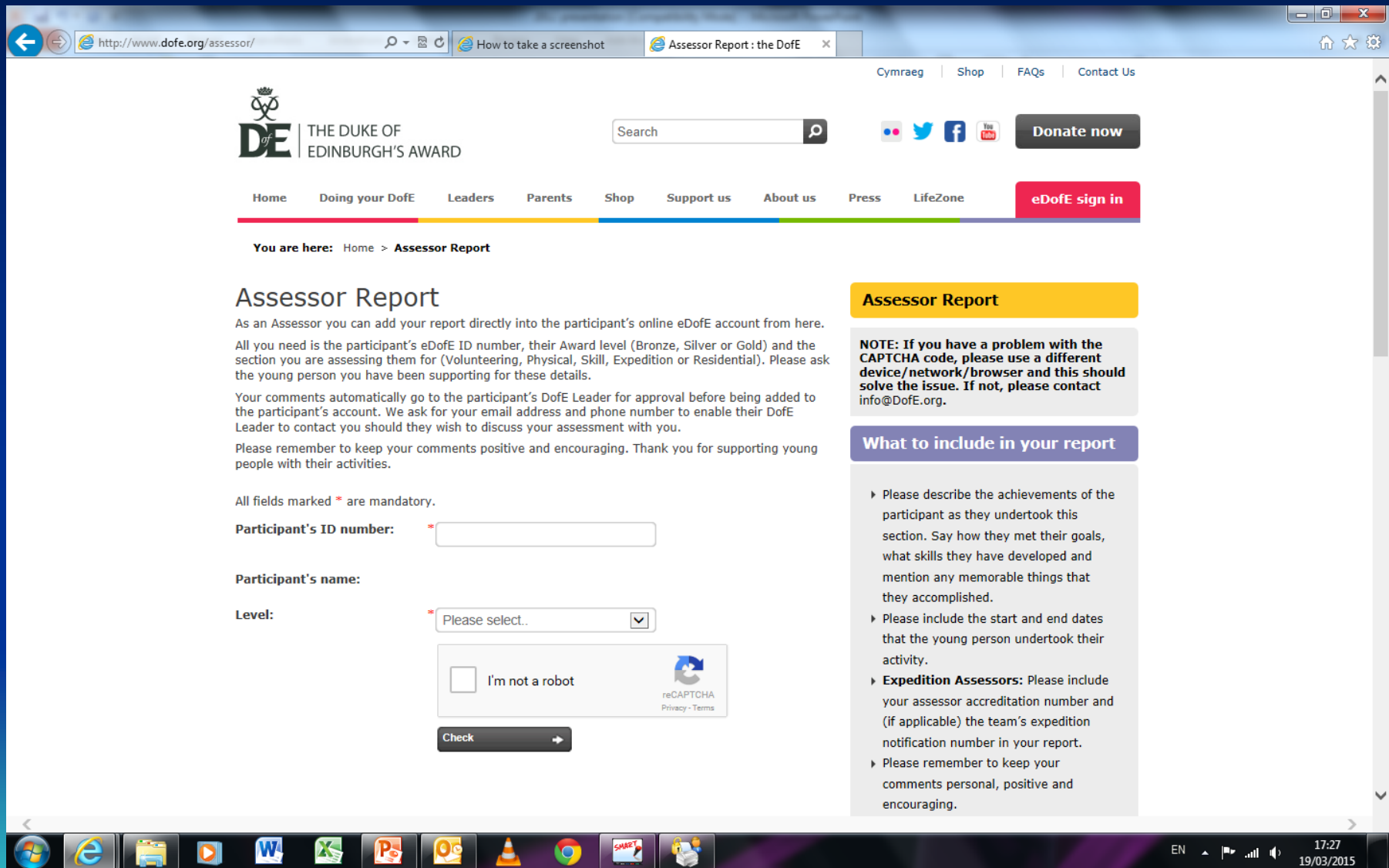
eDofE

- All students will be given a username and login for the eDofE website.
- They will need to complete all the sections providing details of the activities they plan to/are doing for each part of the award.



Assessors' Reports

eDofE – the best option



The screenshot shows a web browser window with the URL <http://www.dofe.org/assessor/>. The page header includes the Duke of Edinburgh's Award logo and navigation links: Home, Doing your DofE, Leaders, Parents, Shop, Support us, About us, Press, LifeZone, and a red 'eDofE sign in' button. A search bar and a 'Donate now' button are also present. The main content area is titled 'Assessor Report' and contains instructions for adding a report. It includes a form with fields for 'Participant's ID number', 'Participant's name', and 'Level'. A CAPTCHA section with the text 'I'm not a robot' and a 'Check' button is also visible. A sidebar on the right contains a yellow 'Assessor Report' header, a note about CAPTCHA, and a purple 'What to include in your report' header with a list of instructions.

Assessor Report

As an Assessor you can add your report directly into the participant's online eDofE account from here.

All you need is the participant's eDofE ID number, their Award level (Bronze, Silver or Gold) and the section you are assessing them for (Volunteering, Physical, Skill, Expedition or Residential). Please ask the young person you have been supporting for these details.

Your comments automatically go to the participant's DofE Leader for approval before being added to the participant's account. We ask for your email address and phone number to enable their DofE Leader to contact you should they wish to discuss your assessment with you.

Please remember to keep your comments positive and encouraging. Thank you for supporting young people with their activities.

All fields marked * are mandatory.

Participant's ID number: *

Participant's name:

Level: * Please select.

☐ I'm not a robot

reCAPTCHA Privacy - Terms

Check

Assessor Report

NOTE: If you have a problem with the CAPTCHA code, please use a different device/network/browser and this should solve the issue. If not, please contact info@dofe.org.

What to include in your report

- ▶ Please describe the achievements of the participant as they undertook this section. Say how they met their goals, what skills they have developed and mention any memorable things that they accomplished.
- ▶ Please include the start and end dates that the young person undertook their activity.
- ▶ **Expedition Assessors:** Please include your assessor accreditation number and (if applicable) the team's expedition notification number in your report.
- ▶ Please remember to keep your comments personal, positive and encouraging.

Further information can be found in the Bitesize guide included in your pack

Assessors reports

- Logbook – complete, scan and upload



Volunteering

Category: Helping People

Activity: Coaching with BPFCL U9's with football skills

Date started: 2 / 3 / 10 Completed: 14 / 12 / 10

Assessor: Dave Nugent

Position/qualification: Manager BPFCL U9's

Goals set: training the wingers with crossing skills and the back four with their defensive skills

Volunteering

Assessor's comments: Brian was a real help with the team. the lads took to him immediately and helped them improve their skills at the back, which on one or two games was the difference between winning and losing. He was a regular at training and on match days and a real asset to the team.

Signature: Dave Nugent Date: 14 / 12 / 10

Your comments:

I really enjoyed working with the kids who were great fun. I am thinking of carrying on with the team and if I go onto Silver level, I will use this as my volunteering.

Signature: Brian Turner Date: 15 / 12 / 10

Leader's signature: John Jones Date: 7 / 1 / 11



NEXT STEPS

Speak to your Duke of Edinburgh's Award
Group Leader or local Award Office.

Or visit

www.theaward.org



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