

Kit List for Visiting Groups

To ensure you get the most out of your time with FSC, you'll spend as much of it as possible learning outdoors in the beautiful landscapes surrounding our unique locations.



Come prepared for every weather eventuality, whatever the season! Most Centres can lend or hire outdoor clothing to you, such as wellingtons, walking boots, waterproof trousers and waterproof coats, subject to availability.

Recommended packing list:

Clothing

Waterproof Clothing (coat and trousers)
Warm jumpers and trousers* – go for layers
(*not jeans which become cold when wet)
Gloves, hat and scarf
Thick socks
Sun hat and sunglasses
Pyjamas

**you can wear jeans in the evening*

Footwear

Outdoor shoes (walking boots and wellingtons)
Indoor shoes or trainers

Other Essentials

Small rucksack – for use during the day, suitable for your lunch and spare clothing.
Towel
Wash kit & toiletries
Stationery for your course – eg pens, pencils, notebook, calculator
Clipboard if you have one
Personal medicines (e.g. paracetamol, asthma inhalers, hayfever tablets etc.)
Torch
Insect repellent
Sun cream/sun hat

Food and drink

Lunchbox or other containers for packed lunches
Drinks bottle and/or thermos flask

the centre gives us Thursday + Friday lunch – you bring Wednesday.

**There is a tuck shop but you might want to bring snacks too.*

You may be notified of other items specific to your course or location. Please do not hesitate to ask if you have any queries about what you might need to bring.

FSC is committed to being as sustainable and environmentally friendly as possible.

We're working hard to significantly reduce single use plastics, general and chemical waste. We greatly appreciate your help in this mission and ask that you pack with the environment in mind.