

**Year 10 Careers Spring Term 1 2025-26**

	<b>10U</b>	<b>10R</b>	<b>10M</b>	<b>10S</b>	<b>10T</b>
<b>Fri 9<sup>th</sup> January</b>	<b>Unifrog Computer Session (laptops)</b>	<b>Unifrog Computer Session (IT4)</b>	Reflecting on my career journey: past, present and future	Reflecting on my career journey: past, present and future	Reflecting on my career journey: past, present and future
<b>Fri 16<sup>th</sup> January</b>	Reflecting on my career journey: past, present and future	Reflecting on my career journey: past, present and future	<b>Unifrog Computer Session (laptops)</b>	<b>Unifrog Computer Session (IT4)</b>	What type of career is best for me?
<b>Fri 23<sup>rd</sup> January</b>	Exploring employer profiles	Exploring employer profiles	Exploring employer profiles	Exploring employer profiles	Exploring employer profiles
<b>Fri 30<sup>th</sup> January</b>	What type of career is best for me?	What type of career is best for me?	What type of career is best for me?	What type of career is best for me?	<b>Unifrog Computer Session (IT4)</b>
<b>Fri 6<sup>th</sup> February</b>	Wellbeing in the workplace	Wellbeing in the workplace	Wellbeing in the workplace	Wellbeing in the workplace	Wellbeing in the workplace
<b>Fri 13<sup>th</sup> February</b>	In person, hybrid and remote: what works best?	In person, hybrid and remote: what works best?	In person, hybrid and remote: what works best?	In person, hybrid and remote: what works best?	In person, hybrid and remote: what works best?

**Additional Careers Activities**

- **Weekly Lunch Time Careers Drop-in Sessions** with Amy Marshall for all students held in the Careers Office (back of the LRC) – every Wednesday from 1:15pm-2:00pm
- **Careers Fair** for Year 9-12 students and parents/carers – Thursday 11<sup>th</sup> December (details tbc by Mrs Kinder)
- **Year 10 Employer Talk** to take place during Year Group Assembly slot (employer tbc) – Friday 23<sup>rd</sup> January (venue tbc)
- **Year 10 Talk from Trafford College Group** (including on T Levels and Apprenticeships pathways) – Friday 6<sup>th</sup> February (prior to National Apprenticeship Week 9<sup>th</sup> – 15<sup>th</sup> February) (venue tbc)
- **Year 10 Careers Group Work Sessions** (to discuss post-16 options and getting ready for Year 11) with Amy Marshall in the Large Conference Room – Proposed Dates: Tuesday 2<sup>nd</sup> June (Period 1 or 2 – 10U, Period 3 or 4 – 10R), Wednesday 3<sup>rd</sup> June (Period 1 or 2 – 10M, Period 3 or 4 – 10S), Thursday 4<sup>th</sup> June (Period 1 or 2 – 10T), Friday 5<sup>th</sup> June (Any absentees)
- **Year 10 Work Experience Week** – Monday 22<sup>nd</sup> – Friday 26<sup>th</sup> June