



PSE Department – Curriculum Intent

| KS3 Curriculum Intent - PSE | | | |
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| Head of Student Development: Mrs C Crouch | | | |
| | Year 7 | Year 8 | Year 9 |
| Autumn Term | <p>Life Beyond School – Managing Change Transition to secondary school and other transition points in your life.</p> <p>Health and wellbeing – Puberty and Body Development Healthy routines, influences on health, puberty, unwanted contact, and FGM.</p> | <p>Celebrating Diversity and Inequality –Celebrating differences Gender identity, sexual orientation and discrimination in all its forms.</p> <p>Health & wellbeing – Physical health and mental wellbeing Mental health and emotional wellbeing, including body image and coping strategies.</p> | <p>Essential Life Skills First aid, importance of happiness, dealing with anger, managing money, social media and online stress.</p> <p>Careers Understanding the workplace, jobs and opportunities, making decisions about KS4, work organisational structures and employability skills.</p> |
| Spring Term | <p>Relationships – Friends, Respect and Relationships Self-worth, romance and friendships (including online) and relationship boundaries.</p> <p>Celebrating Diversity and Inequality –Celebrating differences Diversity, prejudice, and bullying.</p> | <p>Rights, Responsibilities and British Values – Law, Crime and Society Criminals, the law and society. Prisons, reform and punishment.</p> <p>Careers Careers interest and job ideas, qualifications and pathways, challenges and rewards of work and job applications.</p> | <p>Relationships – The law and consent Sexual consent and the law, FGM, STIS, pleasure and masturbation.</p> <p>Health & wellbeing – Body Confidence Self-esteem, body parts, dealing with loss and grief, media and airbrushing and cancer prevention.</p> |
| Summer Term | <p>Staying safe online and offline How to stay safe online and offline, gangs, grooming, alcohol and smoking.</p> <p>Careers Exploring careers, entrepreneurs, work life balance and the future.</p> | <p>Staying safe online and offline County lines, substance misuse, grooming boys and girls, alcohol safety and child exploitation.</p> <p>Identities, Relationships and Sex Education Healthy relationships, dealing with conflict, sexual orientation, gender identity and introduction to contraception.</p> | <p>Relationships – Contraception and STI's Relationships and sex education including consent, contraception and the risks of STIs.</p> <p>Staying safe online and offline – legal and illegal drugs Introduction to drugs, types of addictions, classifications and effects.</p> |



PSE Department – Curriculum Intent

| KS4 Curriculum Intent - PSE | | |
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| Head of Student Development: Mrs C Crouch | | |
| | Year 10 | Year 11 |
| Autumn Term | <p>Rights and Responsibilities Targeted advertising, marriage, rights and responsibilities, consumer and employability rights and exploring a paycheck.</p> <p>Violence, crimes and seeking safety Honour bases violence, forced marriages, online gambling, social media validation, keeping data safe, preventing knife crime and modern-day slavery.</p> | <p>Careers: Next steps Application processes, volunteering, apprenticeships vs higher education, skills for further education, employment and career progression.</p> <p>Sexual health unit Responsible health choices, assertive communication (including in relation to contraception and sexual health), relationship challenges, STI's and abuse.</p> |
| Spring Term | <p>Careers Business structures, wellbeing in the workplace, employer profiles, diversity and equality.</p> <p>Warnings, relationships and sex education FGM, pornography, domestic abuse and violence, sexual assault and rape.</p> | <p>Adult health and looking after yourself Organ and blood donation, teenage pregnancy, abortion, types of cancer and parenthood.</p> <p>Staying Safe Virtual reality, drugs, festivals, cosmetic procedures, drug addiction, online reputation and digital footprint.</p> |
| Summer Term | <p>Mental health and wellbeing Child abuse, screen time, common types of mental health, self-harm, suicidal thoughts and support.</p> <p>Exploring British values Critical thinking and fake news, exploring British values and human rights.</p> | <p>Your future and beyond Time management, dealing with exam stress and anxiety, writing a personal statement, Instagram vs real life.</p> |



PSE Department – Curriculum Intent

| KS5 Curriculum Intent - PSE | | |
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| Coordinated by: Miss A Lingwood, Mrs H Mohamed, Mr J Neale | | |
| | Year 12 | Year 13 |
| Autumn Term | <p>Health & Wellbeing: Physical health & wellbeing, body image, eating disorders, stress management, sleep hygiene.</p> <p>Relationships & Sex Education: Consent & healthy relationships, image based sexual abuse, gender-based violence.</p> <p>➤ <i>This term students also have access to Healthy Lifestyles Days which includes a range of speakers usually including physical health, sexual health and mental health.</i></p> | <p>Personal Finance: Payment Methods, Budgeting, Borrowing Money, Value for Money, Inflation</p> <p>Relationships & Sex Education: Sharing Sexual Images, Public Sexual Harassment, Sex & the Media</p> <p>➤ <i>This term students also complete a range of form time assemblies which cover a wider range of issues.</i></p> <p>➤ <i>Most students submit any UCAS applications/apprenticeship options during this term, which they are supported with via the Sixth Form Team.</i></p> |
| Spring Term | <p>Substance Abuse: Alcohol, Drugs, Types of drugs, smoking & vaping.</p> <p>Diversity: British Values, LGBTQ+, Racism, Toxic Masculinity.</p> <p>➤ <i>This term students also complete a range of form time assemblies which cover a wider range of issues including Diversity & Substance Abuse.</i></p> <p>➤ <i>Students also participate in a 'Post-18 Day' which includes a range of speakers from a spectrum of post-18 destinations as well as the opportunity to have a 'mock' interview.</i></p> | <p>Careers: Personal Branding, What's an Entrepreneur, Transition (Leaving Education), Transition (Moving out of home & becoming independent).</p> <p>Emotional Wellbeing: Mental Health, looking after health & wellbeing, managing anger. This term there is also a 'Wellbeing Day' for the year group.</p> <p>➤ <i>Some students submit UCAS applications/apprenticeship options during this term, which they are supported regarding their decisions with the Sixth Form Team.</i></p> |
| Summer Term | <p>Safety & Health Knife crime, First Aid, Festivals, Health inequalities</p> <p>Careers University & the world of work, Alternatives to University, Work Experience</p> <p>➤ <i>This term students are given the opportunity to complete work experience.</i></p> | <p>Revision Strategies, Techniques & Emotional Wellbeing Looking at a range of spaced retrieval techniques & support with exam stress.</p> |

*** Every Wednesday morning Sixth Form students complete a wellbeing activity in form and every Thursday morning they complete current affairs activities in form to build up their understanding and empathy of the world. ***