



## PSE Department – Curriculum Intent

KS3 Curriculum Intent - PSE			
Head of Student Development: Mrs C Crouch			
	Year 7	Year 8	Year 9
<b>Autumn Term</b>	<p><b>Life Beyond School – Managing Change</b> Transition to secondary school and other transition points in your life.</p> <p><b>Relationships – Friends, Respect and Relationships</b> Self-worth, romance and friendships (including online) and relationship boundaries.</p>	<p><b>Celebrating Diversity and Inequality –Celebrating differences</b> Gender identity, sexual orientation and discrimination in all its forms.</p> <p><b>Health &amp; wellbeing – Physical health and mental wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies.</p>	<p><b>Essential Life Skills</b> First aid, importance of happiness, dealing with anger, managing money, social media and online stress.</p> <p><b>Careers</b> The labour market, managing money, skills, career journey, future main learning pathways, choosing what to study at KS4.</p>
<b>Spring Term</b>	<p><b>Celebrating Diversity and Inequality –Celebrating differences</b> Diversity, prejudice, and bullying.</p> <p><b>Health and wellbeing – Puberty and Body Development</b> Healthy routines, influences on health, puberty, unwanted contact, and FGM.</p>	<p><b>Rights, Responsibilities and British Values – Law, Crime and Society</b> Criminals, the law and society. Prisons, reform and punishment.</p> <p><b>Careers</b> Challenges and rewards of work, the future, success, careers and the climate, Unifrog computer session.</p>	<p><b>Relationships – The law and consent</b> Sexual consent and the law, FGM, STIS, pleasure and masturbation.</p> <p><b>Health &amp; wellbeing – Body Confidence</b> Self-esteem, body parts, dealing with loss and grief, media and airbrushing and cancer prevention.</p>
<b>Summer Term</b>	<p><b>Careers</b> Possibilities and dream jobs, work-life balance, careers and the future, Unifrog computer session.</p> <p><b>Staying safe online and offline</b> How to stay safe online and offline, gangs, grooming, alcohol and smoking.</p>	<p><b>Staying safe online and offline</b> County lines, substance misuse, grooming boys and girls, alcohol safety and child exploitation.</p> <p><b>Identities, Relationships and Sex Education</b> Healthy relationships, dealing with conflict, sexual orientation, gender identity and introduction to contraception.</p>	<p><b>Relationships – Contraception and STI’s</b> Relationships and sex education including consent, contraception and the risks of STIs.</p> <p><b>Staying safe online and offline – legal and illegal drugs</b> Introduction to drugs, types of addictions, classifications and effects.</p>



## PSE Department – Curriculum Intent

KS4 Curriculum Intent - PSE		
Head of Student Development: Mrs C Crouch		
	Year 10	Year 11
<b>Autumn Term</b>	<p><b>Rights and Responsibilities</b> Targeted advertising, marriage, rights and responsibilities, consumer and employability rights and exploring a paycheck.</p> <p><b>Violence, crimes and seeking safety</b> Honour bases violence, forced marriages, online gambling, social media validation, keeping data safe, preventing knife crime and modern-day slavery.</p>	<p><b>Careers: Next steps</b> Employability skills, post-16 options, post-16 decision making, volunteering and paid work, apprenticeship and higher education money, the impact of AI on careers.</p> <p><b>Sexual health unit</b> Responsible health choices, assertive communication (including in relation to contraception and sexual health), relationship challenges, STI's and abuse.</p>
<b>Spring Term</b>	<p><b>Careers</b> Career journey reflections, employer profiles, career types, wellbeing in the workplace, different types of working locations and structures, Unifrog computer session.</p> <p><b>Warnings, relationships and sex education</b> FGM, pornography, domestic abuse and violence, sexual assault and rape.</p>	<p><b>Adult health and looking after yourself</b> Organ and blood donation, teenage pregnancy, abortion, types of cancer and parenthood.</p> <p><b>Staying Safe</b> Virtual reality, drugs, festivals, cosmetic procedures, drug addiction, online reputation and digital footprint.</p>
<b>Summer Term</b>	<p><b>Mental health and wellbeing</b> Child abuse, screen time, common types of mental health, self-harm, suicidal thoughts and support.</p> <p><b>Exploring British values</b> Critical thinking and fake news, exploring British values and human rights.</p>	<p><b>Your future and beyond</b> Time management, dealing with exam stress and anxiety, writing a personal statement, Instagram vs real life.</p>



## PSE Department – Curriculum Intent

<b>KS5 Curriculum Intent - PSE</b>		
Coordinated by: Mrs Mangham-Dewhurst, Mrs H Mohamed, Mr J Neale		
	<b>Year 12</b>	<b>Year 13</b>
<b>Autumn Term</b>	<p><b>Health &amp; Wellbeing:</b> Physical health &amp; wellbeing, body image, eating disorders, stress management, sleep hygiene.</p> <p><b>Relationships &amp; Sex Education:</b> Consent &amp; healthy relationships, image based sexual abuse, gender-based violence.</p> <ul style="list-style-type: none"> <li>➤ <i>This term students also have access to Healthy Lifestyles Days which includes a range of speakers usually including physical health, sexual health and mental health.</i></li> </ul>	<p><b>Personal Finance:</b> Payment Methods, Budgeting, Borrowing Money, Value for Money, Inflation</p> <p><b>Relationships &amp; Sex Education:</b> Sharing Sexual Images, Public Sexual Harassment, Sex &amp; the Media, online relationships</p> <ul style="list-style-type: none"> <li>➤ <i>This term students also complete a range of form time assemblies which cover a wider range of issues.</i></li> <li>➤ <i>Most students submit any UCAS applications/apprenticeship options during this term, which they are supported with via the Sixth Form Team.</i></li> </ul>
<b>Spring Term</b>	<p><b>Substance Abuse:</b> Alcohol, Drugs, Types of drugs, smoking &amp; vaping.</p> <p><b>Diversity:</b> British Values, LGTBQ+, Neurodiversity, Racism, Toxic Masculinity.</p> <ul style="list-style-type: none"> <li>➤ <i>This term students also complete a range of form time assemblies which cover a wider range of issues including Diversity &amp; Substance Abuse.</i></li> <li>➤ <i>Students also participate in a 'Post-18 Day' which includes a range of speakers from a spectrum of post-18 destinations as well as the opportunity to have a 'mock' interview.</i></li> </ul>	<p><b>Careers:</b> Personal Branding, What's an Entrepreneur, Transition (Leaving Education), Transition (Moving out of home &amp; becoming independent), Professional conduct in the workplace &amp; seeking advice, Managing Challenging workplace situations.</p> <p><b>Emotional Wellbeing:</b> Mental Health, looking after health &amp; wellbeing, managing anger. This term there is also a 'Wellbeing Day' for the year group.</p> <ul style="list-style-type: none"> <li>➤ <i>Some students submit UCAS applications/apprenticeship options during this term, which they are supported regarding their decisions with the Sixth Form Team.</i></li> </ul>
<b>Summer Term</b>	<p><b>Safety &amp; Health</b> Knife crime, First Aid, Festivals, Health inequalities</p> <p><b>Careers</b> University &amp; the world of work, Alternatives to University, Work Experience</p> <ul style="list-style-type: none"> <li>➤ <i>This term students are given the opportunity to complete work experience.</i></li> </ul>	<p><b>Revision Strategies, Techniques &amp; Emotional Wellbeing</b> Looking at a range of spaced retrieval techniques &amp; support with exam stress.</p>

\*\*\* Every Wednesday morning students complete a wellbeing activity in form time and every Thursday morning they complete current affairs activities to build up their understanding and empathy of the world. \*\*\*