A Level Physical Education (AQA)

Head of Department: Mr M Bradshaw

100% A*-A in 2026

Physical Education provides a course of study that expands on many ideas and concepts alreac encountered at Key Stage 4 and a natural progression for candidates who have additionally studied GCSE Physical Education.

It provides a transition for those intending to go on to further study and provides a balanced broad based course worthwhile in its own right.

Paper 1: Factors affecting participation in physical activity and sport

What's assessed?
- *Section A: Applied anatomy and physiology*
- *Section B: Skill acquisition*
- *Section C: Sport and society*

How it's assessed?
Written exam: 2 hours 35% of A Level

Paper 2: Factors affecting optimal performance in physical activity and sport

What's assessed?
- *Section A: Exercise physiology and biomechanics*
- *Section B: Sport psychology*
- *Section C: Sport and society and technology in sport*

How it's assessed?
Written exam: 2 hours 35% of A Level

Practical Performance: 30% of A Level

What's assessed?
You are assessed as a performer or coach in the full sided version of one activity. To be a strong candidate for A Level PE it is essential you participate in a suitable sporting activitiy at a high level. Written/verbal analysis of performance is also an important aspect of the A Level.

